



ACE personal trainer manual : the ultimate resource for fitness professionals /

Bryant, Cedric X. (1960-)

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Green, Daniel J.

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2010

Handbook

handbooks.

manuals (instructional materials)

Handbooks and

manuals.

Handbooks and manuals.

Guides et manuels.

Monografía

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Autores: Bryant, Cedric X. (1960-) <https://id.oclc.org/worldcat/entity/E39PCjDbQ3kj9xbVhH9Yy9rXMK> Green, Daniel J.

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es