

Atención de Enfermería a una Persona con trastorno Afectivo Bipolar, Episodio Maniaco con Síntomas Psicóticos Basada en el Modelo de Adaptación de Callista Roy [

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Analítica

The Nursing Care Process (PAE) is a scientific, systematized and organized method used by nursing professionals for the consistent, systematic and accurate clinical assessment of patients in order to provide solutions to health problems and patient satisfaction. It allows to apply critical thinking, knowledge and skills to diagnose and treat the real or potential health problems of the person, the above, based on conceptual models and nursing theories. The objective of the study was to apply the Nursing Care Process (PAE), to a person with bipolar affective disorder, manic episode using the Callista Roy Adaptation Model (MAR). A qualitative, descriptive, cross-sectional, observational case study was conducted. The nursing diagnostic labels found in the NANDA-I taxonomy were insomnia, acute confusion and risk of suicidal behavior, nursing outcomes and interventions were established which played an important role in promoting the person's adaptation from a compromised to compensatory level. The interventions applied by the nursing staff were effective, promoting coping strategies, where the elements of the nursing paradigm interact to achieve the adaptation of the person coinciding with what was described in the SEA

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