



Actividades con balón para mejorar la lateralidad de los estudiantes de 8 a 10 años [

2023

text (article)

Analítica

The present investigation allows us to observe the process of improving laterality in students from 8 to 10 years old, through games with the ball, this process helps students to obtain a significant improvement in their motor skills. Currently, the study of laterality is defined as a considerable problem to which attention must be paid, especially if it refers to the improvement of motor skills, it must be considered that the teacher must know the skills in the development of the capacities of each of their students to be able to implement laterality activities. The design of physical activity with a ball allowed the Harrys test to be put into practice, for this it was necessary to know the different psychomotor capacities and to be able to determine how it influences the stage of early childhood and to differentiate the movements of each one of the dependent regions. on the predominant side of his body and as it is manifested in the psychomotor assimilation process, we can show that with the practice of activities with the ball, his predominance in his laterality was refined. For this, an applied type of research was used, with a mixed qualitative-quantitative approach, with a population of 31 students from 8 to 10 years old, to whom the Harris test technique was applied, which allowed obtaining results that show that the majority boys and girls are right-handed and left-handed, who have their laterality defined, although in certain cases there is a crossed laterality

The present investigation allows us to observe the process of improving laterality in students from 8 to 10 years old, through games with the ball, this process helps students to obtain a significant improvement in their motor skills. Currently, the study of laterality is defined as a considerable problem to which attention must be paid, especially if it refers to the improvement of motor skills, it must be considered that the teacher must know the skills in the development of the capacities of each of their students to be able to implement laterality activities. The design of physical activity with a ball allowed the Harrys test to be put into practice, for this it was necessary to know the different psychomotor capacities and to be able to determine how it influences the stage of early childhood and to differentiate the movements of each one of the dependent regions. on the predominant side of his body and as it is manifested in the psychomotor assimilation process, we can show that with the practice of activities with the ball, his predominance in his laterality was refined. For this, an applied type of research was used, with a mixed qualitative-quantitative approach, with a population of 31 students from 8 to 10 years old, to whom the Harris test technique was applied, which allowed obtaining results that show that the majority boys and girls are right-handed and left-handed, who have their laterality defined, although in certain cases there is a crossed laterality

Título: Actividades con balón para mejorar la lateralidad de los estudiantes de 8 a 10 años electronic resource].]

Editorial: 2023

Tipo Audiovisual: Balón Estudiantes Lateralidad Motricidad Ball Students laterality Motricity

Documento fuente: Polo del Conocimiento: Revista científico - profesional, ISSN 2550-682X, Vol. 8, Nº. 1 (ENERO 2023), 2023, pags. 567-586

Nota general: application/pdf

Restricciones de acceso: Open access content. Open access content star

Condiciones de uso y reproducción: LICENCIA DE USO: Los documentos a texto completo incluidos en Dialnet son de acceso libre y propiedad de sus autores y/o editores. Por tanto, cualquier acto de reproducción, distribución, comunicación pública y/o transformación total o parcial requiere el consentimiento expreso y escrito de aquéllos. Cualquier enlace al texto completo de estos documentos deberá hacerse a través de la URL oficial de éstos en Dialnet. Más información: <https://dialnet.unirioja.es/info/derechosOAI> | INTELLECTUAL PROPERTY RIGHTS STATEMENT: Full text documents hosted by Dialnet are protected by copyright and/or related rights. This digital object is accessible without charge, but its use is subject to the licensing conditions set by its authors or editors. Unless expressly stated otherwise in the licensing conditions, you are free to linking, browsing, printing and making a copy for your own personal purposes. All other acts of reproduction and communication to the public are subject to the licensing conditions expressed by editors and authors and require consent from them. Any link to this document should be made using its official URL in Dialnet. More info: <https://dialnet.unirioja.es/info/derechosOAI>

Lengua: Spanish

Enlace a fuente de información: Polo del Conocimiento: Revista científico - profesional, ISSN 2550-682X, Vol. 8, Nº. 1 (ENERO 2023), 2023, pags. 567-586

Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es