



Actitudes del alumnado de educación física en secundaria y 1º de bachillerato ante los estereotipos de género en el deporte [

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Analítica

This study aims, first, to know the students' attitudes about gender stereotypes in physical education and, subsequently, to compare whether there are differences in these opinions according to gender and the course to which they belong. Secondly, a didactic intervention was conducted, with experimental and control groups with pre and post measurement in each course, to check whether teaching certain contents improves the students' perceptions on attitudes towards gender stereotypes. A total of 259 subjects participated in the study and the results obtained show, firstly, that men initially have more gender stereotypes than women, with women having a low degree and men a medium degree. Secondly, it has been shown that the intervention conducted with the chosen contents has been effective in reducing stereotyped attitudes in the students. However, the type of content developed does not seem to be less suitable for the reduction of such attitudes, since although the men in the experimental group have significantly improved the values in all dimensions, the same has also occurred in the men in the control group, and in the women in the control group, but in this case only for the dimension of cognitive attitudes. Therefore, the contents developed in both groups have been adequate to achieve the objective, understanding that this is linked to methodological aspects and classroom management by professors

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