



Asma un enfoque integral. Revisión Bibliográfica más Allá de la Radiografía de Tórax y Polen [

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text (article)

Analítica

Asthma was first described by the Greek physician Hippocrates and is derived from the Greek word *asthamaino* meaning panting. The Global Initiative for Asthma (GINA) defines asthma as a syndrome characterized by variable expiratory airflow limitation, airway hyperresponsiveness and chronic airway inflammation. It is a disease that affects 1 - 29% of the world's population. It is one of the most common chronic diseases of childhood, in the last 20 years the numbers of new cases have increased. Asthma can be classified according to phenotype and endotype into Type 2 high and Type 2 low also known as Th1 high and Th1/Th17 high. Diagnosis is primarily clinical, with supportive and confirmatory pulmonary function tests. The characteristic clinical picture is cough, wheezing, chest tightness and in severe cases respiratory distress is observed, wheezing being the most characteristic symptom. Treatment is mainly based on preventing symptoms, minimizing the morbidity of acute episodes and preventing mortality, providing comfortable measures that allow the psychological, occupational and academic development of sufferers. The present document describes a total approach to the disease from its pathophysiological onset to treatment, with an updated focus on the latest GINA consensus and bib update

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