



Causas de Abandono de Métodos de Planificación Familiar en Mujeres en Edad Fértil de la Unidad de Medicina Familiar N° 73 [

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text (article)

Analítica

Introduction: Within the concept of reproductive health, family planning is a human right that implies the ability of men and women to enjoy a satisfying, safe, free and informed sexual life; to exercise the right to procreate or not, as well as the freedom to decide when and how often to do so. Contraceptive methods are all those capable of avoiding or reducing the possibility of pregnancy. They can be used from the first sexual intercourse and throughout a person's fertile life. The dropping out of family planning methods can occur due to side effects, method failure, desire for pregnancy, subsequent diseases, economic issues, among others. **Objective:** To analyze the main causes of dropping out of family planning methods in women of childbearing age at Family Medicine Unit No. 73. **Methods:** A cross-sectional, observational, analytical and prospective study in which, the causes of abandonment of family planning methods will be questioned in women of fertile age who have used a family planning method and who for different reasons abandoned it. **Results:** Of the total number of women surveyed, 96.40% have used some method of family planning, of which 89.50% have abandoned a family planning method. The level of knowledge of family planning methods is high at 95.9%. **Conclusions:** The use of family planning methods during the reproductive stage is important, the women in the study mainly abandon them when they desire pregnancy, because of the adverse effects and because of the accessibility of these

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