



"Evaluación del Índice de Higiene Oral Simplificado en Estudiantes de 6 a 13 Años, del Cantón Riobamba, Provincia de Chimborazo- Ecuador 2024" [

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text (article)

Analítica

Oral health is maintained in each individual thanks to the sum of several factors such as; a diet low in carbohydrates and sucrose, the use of appropriate oral hygiene materials, in this sense the application of oral hygiene techniques that allow maintaining low levels of bacterial plaque and dental calculus deposits is considered of great relevance. Thus, one of the most used instruments to evaluate the level of oral hygiene in individuals and populations is the simplified oral hygiene index (SHI). The objective of the study was to evaluate the simplified oral hygiene index in schoolchildren aged 6 to 13 years from private educational units in the Riobamba canton, province of Chimborazo. A sample of 300 schoolchildren of both sexes was used, to whom the Greene and Vermillion Simplified Oral Hygiene Index was applied. Obtaining as a result an IHOS of 0.93, which translates into a good level of oral hygiene. After the analysis of variance, an implication of gender with the level of hygiene is ruled out. Regarding the life cycle of the population, a slight difference was found. statistics for the infant group over the other groups

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