



Formación en Primeros Auxilios Psicológicos en Estudiantes de la Carrera de Psicología [

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text (article)

Analítica

The study analyzes the Training in psychological first aid in students of the Psychology major of the Faculty of Humanities and Educational Sciences dependent on the National University of Pilar in the year 2024 from three aspects: basic knowledge about psychological first aid, importance of teaching psychological first aid and applying psychological first aid. The methodology used is descriptive in nature, with a non-experimental design with a quantitative approach. The universe is made up of psychology majors with educational orientation. The data collection instrument applied corresponds to a survey in online format. The results offer useful information about psychology students' preparation and perceptions of psychological first aid education. Although they show a general level of knowledge and skill in addressing emotional crises, they also highlight areas for improvement, such as the need to strengthen training in strategies to promote continued psychological well-being in educational settings. To ensure that students develop useful and applicable skills in real situations, these results highlight the importance of creating more complete and practical training programs that incorporate supervised practices and real cases. In addition, they highlight the importance of interdisciplinary collaboration and continuous training to ensure a comprehensive approach to health care and promotion

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