



Hipertrofia de Adenoides Grado 3 en Paciente Pediátrico. Revisión y Reporte de Caso [

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text (article)

Analítica

Adenoid hypertrophy is the most common condition in children in many countries of the world, partially or completely obstructing the ability to breathe and causing health problems that affect quality of life. The growth of the adenoids helps the human body fight infection by preventing the entry of bacteria, germs and viruses. The most common symptoms caused by enlarged adenoids include mouth breathing, often at night and in some people even during the day, restlessness during sleep, sleep apnea, persistent snoring and nasal congestion. The diagnosis of adenoid hypertrophy is based on specific symptoms and x-rays showing the size of the tumor, and treatment will depend on the degree of hypertrophy and obstruction that may be caused by the condition, which may be mild or moderate. or severe form and must be treated with special medication or surgery to remove it. The aim of this article is to demonstrate the degree of adenoid hypertrophy. We present a male pediatric patient with nasal obstruction and recurrent tonsillitis

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