



## Strengthening couple relationships for optimal child development [ lessons from research and intervention /

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American Psychological Association,  
c2010

Libros electrónicos

Monografía

"In recent years, policymakers at all levels of government have spoken about the importance of promoting healthy marriages. This political interest comes as no surprise because research has shown that strong couple relationships are central to family stability and child development. Furthermore, couple interventions can demonstrably improve child and family functioning. This book presents cutting-edge research and theory on couple relationships, with an emphasis on the implications for child development. It brings together developmental psychopathology experts, couple relationship researchers, and clinician-researchers who have developed innovative prevention programs. The book is divided into three parts. The first part demonstrates the influence of couple relationships on parenting processes and child development. The second part explores the determinants of couple functioning, relationship satisfaction, and relationship stability. The final part highlights innovative couples- or family-based interventions designed to promote strong relationships, stable families, and healthy child development. It also addresses the policy and clinical training implications of the intervention studies. With its diversity of theoretical perspectives including attachment, family systems, developmental, and social learning frameworks-this book will be an invaluable resource for clinicians, researchers, and family and health policy professionals"--Jacket. (PsycINFO Database Record (c) 2010 APA, all rights reserved)

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**Título:** Strengthening couple relationships for optimal child development [Recurso electrónico] lessons from research and intervention edited by Marc S. Schulz ... [et al.]

**Edición:** 1st ed

**Editorial:** Washington, D.C. American Psychological Association c2010

**Descripción física:** xvi, 244 p. ill. 27 cm

**Mención de serie:** Decade of behavior (science conference)

**Nota general:** Libros electrónicos descargables

**Bibliografía:** Includes bibliographical references and index

**ISBN:** 9781433805479 hardcover : print ed.) 1433805472 hardcover : print ed.) 1433808374 electronic bk.)  
9781433808371 electronic bk.)

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**Punto acceso adicional serie-Título:** Decade of behavior

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