



The art and science of mental health nursing : a textbook of principles and practice /

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McGraw Hiil, Open University Press,
2009

Case Reports

Case studies.

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The first edition of this textbook, published in 2004, quickly topped the bestseller list and is now an established core text for mental health nurses who are trained and in training. This second edition has been extensively revised to incorporate changes to the UK policy context of mental health nursing, the legal framework of mental health care and in light of the "2006 Chief Nursing Officer's (England) Review of Mental Health Nursing, From Values to Action". The first edition preempted the findings of the Chief Nurse's review in its call for mental health nurses to incorporate the principles of recovery into their work with service users and focus on improving service users' health outcomes. This new edition once again looks towards the future with its emphasis on nurses' understanding of lifestyle interventions to promote mental health and to the public health role of the mental health nurse, which, it predicts, will become increasingly important. The second edition comprises 34 chapters, four more than the first edition, contributed by an expert group of clinicians and researchers drawn from a range of disciplines. There are many new chapters and the others have been extensively revised and/or updated. The chapters provide comprehensive coverage of the field of mental health nursing work, and an annotated reading list at the end of each chapter guides readers towards more in depth, study

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Contenido: Part 1: Foundations: Mental health -- Mental disorder -- Future directions in mental health promotion and public mental health -- Mental health nursing: origins and traditions -- Recovery and social inclusion -- Part 2:

Contexts: The policy and service context of mental health nursing -- Law and ethics of mental health nursing -- Functional teams and whole systems -- Service improvement -- Part 3: Interventions: Assessment -- Assessing and managing risk -- Modern milieus: psychiatric inpatient treatment in the 21st century -- Strategies for living and lifestyle options -- Psychosocial interventions -- Physical health care and serious mental illness -- Psychopharmacology -- Complementary and alternative therapies -- Part 4: Client groups: The person with a perceptual disorder -- The person with an affective/mood disorder -- The person with an anxiety disorder -- The person with an eating disorder -- The person with co-existing mental health and substance misuse problems (dual diagnosis?) -- Mental health problems in childhood and adolescence -- The person with dementia -- Forensic mental health care -- The person with a personality disorder -- Part 5: Core procedures: Engaging clients in their care and treatment -- Problems, goals and care planning -- Self-help -- Behavioural techniques -- Cognitive techniques -- Medication management to concordance -- Therapeutic management of aggression and violence -- Nursing people who self-harm or are suicidal -- Part 6: Future directions -- Future directions: taking recovery into society

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