



Calm the soul : a book of simple wisdom and prayer /

Hachette Books Ireland,
2012

Meditations.

Prayers.

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Méditations.

Prières.

Monografía

The Poor Clares look at ways we can slowly build up the amount of time spent in prayer and meditation in our daily lives, to achieve a sense of peace and well-being. They combine reflections on familiar prayers with meditations on Scripture, and prayers for specific needs.--

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Título: Calm the soul a book of simple wisdom and prayer the Poor Clares, Galway

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Descripción física: 1 online resource (xiii, 224 illustrations)

Contenido: 1. St Clare: a woman for our times -- 2. Preparing for prayer -- 3. Ways to pray -- 4. Everyday prayers -- 5. Prayers and reflections for our times -- 6. Prayers for special intentions -- 7. Further reading and reflections -- 8. Sources and abbreviations

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Entidades: Poor Clares author. aut

Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es