



Clinical nutrition of the essential trace elements and minerals : the guide for health professionals /

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Monografía

Despite widespread interest in nutrition and the public's appetite for fresh information from health professionals, health care providers often lack accurate, clinically relevant, and current information on topics of special concern to their patients. In *Clinical Nutrition of the Essential Trace Elements and Minerals: The Guide for Health Professionals*, John Bogden, PhD, Leslie Klevay, MD, and a host of recognized experts address this major gap in the literature with a comprehensive, up-to-date survey of the biological roles and clinical importance of mineral and trace element nutrients. These authoritative researchers and clinicians review the clinical relevance of trace elements and minerals such as chromium, copper, fluoride, iron, iodine, molybdenum, manganese, selenium, zinc, calcium, magnesium, and phosphorus to a wide variety of medical conditions. Among the diseases treated are genetic, endocrine, skeletal, cardiovascular, kidney, gastrointestinal, infectious, surgical, and ophthalmologic disorders. The authors also discuss trace element and mineral nutrition in healthy people, with chapters on pregnancy, lactation, adolescents, and older people. Chapters on preagricultural and modern consumption patterns, epidemiology, and laboratory diagnostic tests are also included. Timely and comprehensive, *Clinical Nutrition of the Essential Trace Elements and Minerals: The Guide for Health Professionals* offers today's physicians, nutritionists, and dietitians an authoritative resource replete with sound dietary and medical advice suitable for daily use with their clients and patients.

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Contenido: Basic Concepts, Consumption, Deficiency, and Toxicity -- The Essential Trace Elements and Minerals: Basic Concepts John D. Bogden. -- Possibly Essential Trace Elements Forrest H. Nielsen. -- Consumption of Trace Elements and Minerals by Preagricultural Humans Stanley B. Eaton III, S. Boyd Eaton. -- Current Dietary Intakes of Trace Elements and Minerals Jean A.T. Pennington. -- Laboratory Assessment of Trace Element and Mineral Status David B. Milne. -- The Epidemiology of Trace Element Deficiencies Roberto Masironi. -- Trace Element and Supplement Safety John N. Hathcock. -- Trace Element and Mineral Nutrition in Healthy People -- Trace Element and Mineral Nutrition in Human Pregnancy Theresa O. School, Thomas M. Reilly. -- Trace Element and Mineral Nutrition During Lactation Mary Frances Picciano. -- Trace Element and Mineral Nutrition in Adolescents Velimir Matkovic, Nancy E. Badenhop, Jasminka Z. Ilich. -- Trace Element Requirements in the Elderly Ronni Chernoff. -- Trace Element and Mineral Nutrition in Disease -- Genetic Disorders of Trace Element Metabolism Gregory J. Anderson, Gordon D. McLaren. -- Trace Element and Mineral Nutrition in Endocrine Diseases John T. Dunn. -- Trace Element and Mineral Nutrition in Skeletal Health and Disease Robert P. Heaney. -- Trace Element and Mineral Nutrition in Ischemic Heart Disease Leslie M. Klevay. -- Trace Element and Mineral Nutrition in Renal Disease Saulo Klahr

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