



# Empoderamiento anticonceptivo en madres adolescentes y mujeres jóvenes. Revisión sistemática [

2024

text (article)

Analítica

Introduction: unplanned pregnancy in adolescence is a problem of global relevance, due to the consequences on adolescent mothers, their children and their families. Objective: analyze the scientific literature on contraceptive empowerment in adolescent mothers and young women. Methodology: systematic review of the literature, according to the PRISMA statement. We included articles indexed in MEDLINE/PubMed, Science Direct, Dialnet and Scielo were consulted, published through 2014 and 2021, in the language: Spanish, English and Portuguese that met the inclusion criteria, using keywords and Boolean AND/OR operators. Discussion: empowerment in reproductive health undoubtedly has repercussions on other aspects of women's lives, such as domestic and intimate partner violence, since when women are empowered, they are capable of making their own decisions. Results: a total of 16 articles were included, most of the studies included young women, they provided evidence on the characteristics of contraceptive empowerment in young women and adolescent mothers, in the use of antenatal services that promote the use of contraceptives, in the decision-making power in the prevention of first-time and subsequent pregnancy. The level of empowerment is directly related to the exercise of their sexual and reproductive rights; an empowered woman tends to use contraceptives more. Conclusions: contraceptive empowerment influences decision-making for sustained use of contraceptives in young women or adolescent mothers. It is necessary to generate

Introduction: unplanned pregnancy in adolescence is a problem of global relevance, due to the consequences on adolescent mothers, their children and their families. Objective: analyze the scientific literature on contraceptive empowerment in adolescent mothers and young women. Methodology: systematic review of the literature, according to the PRISMA statement. We included articles indexed in MEDLINE/PubMed, Science Direct, Dialnet and Scielo were consulted, published through 2014 and 2021, in the language: Spanish, English and Portuguese that met the inclusion criteria, using keywords and Boolean AND/OR operators. Discussion: empowerment in reproductive health undoubtedly has repercussions on other aspects of women's lives, such as domestic and intimate partner violence, since when women are empowered, they are capable of making their own decisions. Results: a total of 16 articles were included, most of the studies included young women, they provided evidence on the characteristics of contraceptive empowerment in young women and adolescent mothers, in the use of antenatal services that promote the use of contraceptives, in the decision-making power in the prevention of first-time and subsequent pregnancy. The level of empowerment is directly related to the exercise of their sexual and reproductive rights; an empowered woman tends to use contraceptives more. Conclusions: contraceptive empowerment influences decision-making for sustained use of contraceptives in young women or adolescent mothers. It is necessary to generate

**Título:** Empoderamiento anticonceptivo en madres adolescentes y mujeres jóvenes. Revisión sistemática electronic resource].]

**Editorial:** 2024

**Tipo Audiovisual:** Empoderamiento adolescente anticoncepción embarazo en adolescencia madres adolescentes  
Empowerment adolescent contraception teenage pregnancy teenage mother

**Documento fuente:** Revista de la Facultad de Ciencias Médicas: (Quito), ISSN 2588-0691, Vol. 49, N°. 3, 2024  
(Ejemplar dedicado a: Revista de la Facultad de Ciencias Médicas (Quito))

**Nota general:** application/pdf

**Restricciones de acceso:** Open access content. Open access content star

**Condiciones de uso y reproducción:** LICENCIA DE USO: Los documentos a texto completo incluidos en Dialnet son de acceso libre y propiedad de sus autores y/o editores. Por tanto, cualquier acto de reproducción, distribución, comunicación pública y/o transformación total o parcial requiere el consentimiento expreso y escrito de aquéllos. Cualquier enlace al texto completo de estos documentos deberá hacerse a través de la URL oficial de éstos en Dialnet. Más información: <https://dialnet.unirioja.es/info/derechosOAI> | INTELLECTUAL PROPERTY RIGHTS STATEMENT: Full text documents hosted by Dialnet are protected by copyright and/or related rights. This digital object is accessible without charge, but its use is subject to the licensing conditions set by its authors or editors. Unless expressly stated otherwise in the licensing conditions, you are free to linking, browsing, printing and making a copy for your own personal purposes. All other acts of reproduction and communication to the public are subject to the licensing conditions expressed by editors and authors and require consent from them. Any link to this document should be made using its official URL in Dialnet. More info: <https://dialnet.unirioja.es/info/derechosOAI>

**Lengua:** Spanish

**Enlace a fuente de información:** Revista de la Facultad de Ciencias Médicas: (Quito), ISSN 2588-0691, Vol. 49, N°. 3, 2024 (Ejemplar dedicado a: Revista de la Facultad de Ciencias Médicas (Quito))

---

## Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- [informa@baratz.es](mailto:informa@baratz.es)