



Food artisans of Vancouver Island and the Gulf Islands /

Genova, Don,
author

Canadian nonfiction

Food and drink

Guidebooks

Monografía

"In Food Artisans of Vancouver Island and the Gulf Islands, well-known and loved food writer Don Genova compiles a guide of the best food producers of Vancouver Island and the Gulf Islands. Using his first-hand experience as host of CBC Radio Victoria's weekly column "Food Matters," and based on interviews he conducted as a food writer for various publications, Genova introduces readers to the many talented and passionate people and companies throughout the region--all of whom are working to promote a growing food culture. Meet the local food artisans and learn about their history, discover favourite offerings by the producers, and get a sense of how well you can eat if you buy local. The book also includes suggested daytrips and readings, sustainability definitions, and an index. Open the door to the islands' food network, and discover high-quality food products made with love and care in this region. Food Artisans of Vancouver Island and the Gulf Islands is your guide to the best of the islands' food and produce"--

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Contenido: Vancouver Island regions -- Foreword -- Introduction -- Bakeries -- Beverages and speciality liquids -- Butchers, charcutiers, and salumists -- Chefs and instructors -- Chocolate -- Coffee roasters and tea blenders -- Cooking gear and kitchen shops -- Dairy : cheese, ice cream, yogurt -- Farmers' markets -- Farms and farmers -- Processed food products -- Seafood, fresh and processed -- Speciality shops -- Suggested Saturday sojourns -- Suggested reading -- Appendix. Artisans by region

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