



Affirming achievements in sobriety and drug abstinence

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Material Proyactable

In this session, Dr. G. Alan Marlatt works with a house manager of a recovery residence with over 6 years of sobriety. The client describes his management and support role at the sober house, at first focusing on a recent interaction he had with a resident that provoked anger in the client. In relaying his experiences as house manager and with others in recovery, the client reveals his issues with anger and impulse control problems. Dr. Marlatt explores the behavioral triggers that the client strives to deal with effectively while affirming the successes that the client has made in his commitment to his recovery. Through active listening and validation, Marlatt brings forth the client's accomplishments in managing his own recovery and all of the ways in which the client can support others in their recovery programs

<https://rebiunoda.pro.baratznet.cloud:28443/OpacDiscovery/public/catalog/detail/b2FpOmNlbGVicmF0aW9uOmVzLmJhcmF0ei5yZW4vMzkwNDk3NzU>

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Descripción física: 1 streaming video file (38 min., 50 sec.)

Detalles del sistema: Mode of access: World Wide Web

Materia: Drug abuse- Prevention Cognitive therapy Recovering addicts Alcoholism Alcoholism Cognitive Behavioral Therapy Substance-Related Disorders Toxicomanie- Prévention Thérapie cognitive Dépendants en réadaptation Alcoolisme Toxicomanie alcoholism. Alcoholism. Cognitive therapy. Drug abuse- Prevention. Recovering addicts. Drug abuse. Substance abuse.

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