



American Cancer Society complete guide to nutrition for cancer survivors : eating well, staying well during and after cancer /

Grant, Barbara L. (1958-)

American Cancer Society,
2010

Popular Work

Monografía

Comprehensive guide tells you everything you need to know about eating well before, during and after cancer

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Título: American Cancer Society complete guide to nutrition for cancer survivors eating well, staying well during and after cancer Barbara L. Grant [and others]

Edición: 2nd ed

Editorial: Atlanta, Ga. American Cancer Society 2010

Descripción física: 1 online resource (xviii, 352 pages) illustrations

Variantes del título: Complete guide to nutrition for cancer survivors Nutrition for cancer survivors

Nota general: "Published by American Cancer Society/Health Promotions"--Title page verso Revised edition of: Eating well, staying well during and after cancer. 2004

Bibliografía: Includes bibliographical references and index

Contenido: Healthy eating -- Making informed decisions -- Hot topics in nutrition and cancer -- How food is grown and treated -- Dietary supplements: vitamins, minerals, and herbs -- Diet and nutrition therapies promoted as treatments and cures -- Preparing for cancer treatment -- Maintaining a healthy body weight -- Coping with treatment-related fatigue -- Strengthening your immune system -- Staying hydrated -- Coping with changes in eating and digestion -- Lifestyle choices to enhance health for cancer survivorship

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Autores: Grant, Barbara L. (1958-)

Entidades: American Cancer Society

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Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es