



Medicina tradicional china mas la reflexología auricular en el tratamiento de la lumbalgia desde el sentir del haciente [

2025

text (article)

Analítica

Low back pain, characterized by pain in the lumbosacral region that can radiate to the neck, legs, ankles and feet, significantly affects the patient's mobility. This symptom has been the subject of numerous studies in allopathic and oriental medicine, including traditional Chinese medicine and auricular reflexology. The research seeks to delve into the experiences of patients treated with these therapies, beyond their clinical assessment. A qualitative approach using interpretive phenomenology was adopted to explore the experiences of the participants. This allowed us to identify the meanings that the informants assigned to their experience with traditional Chinese medicine and auricular reflexology in the treatment of low back pain. The findings suggest that these practices not only address the physical symptom, but also impact emotional well-being and pain perception. Auriculotherapy, for example, stimulates reflex points that can relieve low back pain by activating neurophysiological responses. This comprehensive approach highlights the importance of considering both physical and emotional aspects in the treatment of low back pain

Low back pain, characterized by pain in the lumbosacral region that can radiate to the neck, legs, ankles and feet, significantly affects the patient's mobility. This symptom has been the subject of numerous studies in allopathic and oriental medicine, including traditional Chinese medicine and auricular reflexology. The research seeks to delve into the experiences of patients treated with these therapies, beyond their clinical assessment. A qualitative approach using interpretive phenomenology was adopted to explore the experiences of the participants. This allowed us to identify the meanings that the informants assigned to their experience with traditional Chinese medicine and auricular reflexology in the treatment of low back pain. The findings suggest that these practices not only address the physical symptom, but also impact emotional well-being and pain perception. Auriculotherapy, for example, stimulates reflex points that can relieve low back pain by activating neurophysiological responses. This comprehensive approach highlights the importance of considering both physical and emotional aspects in the treatment of low back pain

Título: Medicina tradicional china mas la reflexología auricular en el tratamiento de la lumbalgia desde el sentir del paciente [electronic resource].]

Editorial: 2025

Tipo Audiovisual: Traditional Chinese medicine auricular reflexology low back pain Medicina tradicional china reflexología auricular lumbalgia

Documento fuente: Aula Virtual, ISSN 2665-0398, Vol. 6, Nº. 13, 2025 (Ejemplar dedicado a: Vol. 6 No. 13 (2025): Aula Virtual Magazine. continuous edition 2025), pags. 34-54

Nota general: application/pdf

Restricciones de acceso: Open access content. Open access content star

Condiciones de uso y reproducción: LICENCIA DE USO: Los documentos a texto completo incluidos en Dialnet son de acceso libre y propiedad de sus autores y/o editores. Por tanto, cualquier acto de reproducción, distribución, comunicación pública y/o transformación total o parcial requiere el consentimiento expreso y escrito de aquéllos. Cualquier enlace al texto completo de estos documentos deberá hacerse a través de la URL oficial de éstos en Dialnet. Más información: <https://dialnet.unirioja.es/info/derechosOAI> | INTELLECTUAL PROPERTY RIGHTS STATEMENT: Full text documents hosted by Dialnet are protected by copyright and/or related rights. This digital object is accessible without charge, but its use is subject to the licensing conditions set by its authors or editors. Unless expressly stated otherwise in the licensing conditions, you are free to linking, browsing, printing and making a copy for your own personal purposes. All other acts of reproduction and communication to the public are subject to the licensing conditions expressed by editors and authors and require consent from them. Any link to this document should be made using its official URL in Dialnet. More info: <https://dialnet.unirioja.es/info/derechosOAI>

Lengua: Spanish

Enlace a fuente de información: Aula Virtual, ISSN 2665-0398, Vol. 6, Nº. 13, 2025 (Ejemplar dedicado a: Vol. 6 No. 13 (2025): Aula Virtual Magazine. continuous edition 2025), pags. 34-54

Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es