



Advances in Quality of Life Theory and Research [

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Monografía

This volume is concerned with quality of life, and focuses on subjective well-being (people's own evaluations of their lives in terms of happiness and satisfaction). The first section focuses on theories of subjective well-being, and on testing these theories. The second section of the volume concentrates on how work, unemployment, and income influence subjective well-being. The third section of the book concerns two important institutions that have an impact on people's well-being - the health care and political systems. Authors from diverse disciplines present their views and research concerning quality of life, and focus on subjective well-being (people's happiness and satisfaction). The chapters cover topics ranging from theories of happiness, and data bearing on these theories, to the organization of the political system. Income, work, health care, and leisure are considered as they influence well-being. The effects of temperament, people's values and goals, and life events are also treated. There is an international flavor to the volume, with authors from several nations and data gathered from diverse societies. The findings of the volume are relevant to academic researchers as well as to those working in applied areas who want to improve quality of life

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