



## I love a cop [ what police families need to know /

Kirschman, Ellen

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Police- Police- Police psychology

Monografía

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**Contenido:** "Hi honey. I'm home." -- The way it is: givens and realities of police work -- The police officer's paradox -- Growing old in a young person's profession: how officers change with time -- Organizational stress: looking for love in all the wrong places -- Remarkable events -- Critical incidents, stress, and trauma -- From victim to survivor: working through trauma -- From battlefield to homefront: families and trauma -- Kids and trauma -- Emotional extremes -- Domestic abuse: the best-kept secret shame of policing -- Alcohol abuse and suicide -- Getting help -- Getting the help you need when you need it -- Special families, special issues -- Swimming upstream: special challenges facing women, minorities, lesbians, and gay men in law enforcement -- Cop couples -- Summing up -- Success stories

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